

Sertoma Strong **5K**

RUN, WALK or ROLL

Saturday, October 10, 2020

Midlothian Meadows
Picnic Grove 1
157th & Pulaski Road
Midlothian, Illinois



Registration

Onsite: \$40 per person (includes T-shirt and medal)

Virtual: \$25 per person (Complete between Sept. 10 and Oct. 10)

Registration opens August 1, 2020 at www.sertomacentre.org

Choose from the Morning or Afternoon 5K Events (space is limited)

Registration closes September 10, 2020 at 5:00 pm.

Race Day

No admittance without mask

- Morning Event: Check-in 8:30am. 5K begins at 9:15am.
- Afternoon Event: Check-in 12:30pm. 5K begins at 1:15am.

Super Hero Theme (Costume optional)

Feel free to bring your own lawn chairs, blankets, etc..

Robinson's Ribs will be on site for food purchases

Sertoma Souvenirs for sale

DJ on site 10am-4pm

For more info contact, Gerry Henaghan at
ghenaghan@sertomacentre.org or 708.730.6210

Onsite participation limits will follow Cook County Forest Preserve group restrictions. Strollers, wheelchairs, and other assistance devices accepted. Only service animals allowed. Bikes, roller-blades, scooters, etc., are prohibited.